

## Cold Pressed Oil Range

Authentic cold pressed oils produced without heat, chemicals & unmodified. Packed full of flavour and nutrition. Proudly made locally from high quality regional produce.



### Almond Oil

Almond oil makes a precious gourmet salad dressing and can be used for pan frying. Used widely for massage and moisturising skin care.

Sizes: 375ml 2Lt 10Lt



### Apricot Kernel Oil

Apricot kernel oil adds great flavour to speciality sauces. Suitable as a smooth massage oil and is well known for its' many unique nutritional benefits.

Sizes: 375ml 2Lt 10Lt



### Avocado Oil

Avocado oil offers deep colour and rich flavour to salads and vinaigrettes. Boasting natural vitamin A, B & D, this oil has many culinary uses.

Sizes: 375ml 10Lt



### Macadamia Oil

Macadamia oil is a favourite all purpose cooking oil. Delicate nutty flavour makes this oil great for pan frying and drizzling over salads and fresh cooked vegetables.

Sizes: 375ml 2Lt 10Lt



### Olive Oil

Olive oil is a classic, used for salads and Mediterranean dishes. Extra virgin pressed to retain fresh crisp flavours and rich natural colour.

Sizes: 375ml 2Lt 10Lt



### Peanut Oil

Peanut oil has that famous nutty taste favoured for Asian style cooking. High heat tolerance makes this a versatile cooking oil.

Sizes: 375ml 10Lt



### Pumpkin Seed Oil

Pumpkin seed oil has a dark green appearance with a light nutty taste. Try some drizzled over salads or vegetables. Often used to combat prostate healthcare.

Sizes: 375ml 10Lt



### Safflower Oil

Safflower oil has been used for many years around the world for all types of cooking. This unrefined oil retains its' omega 6 goodness.

Sizes: 375ml 10Lt



### Sesame Oil

Sesame oil is a natural choice for stir fry's and Asian style high heat cooking. This untoasted oil has a delightful nutty flavour.

Sizes: 375ml 10Lt



### Sunflower Oil

Sunflower oil is one of the best shallow oils for most food types. Highly monounsaturated this oil remains stable at high temps.

Sizes: 375ml 10Lt



### Walnut Oil

Walnut oil is a much sought after rarity. As a dressing oil, the delicate walnut flavours and healthy omega 3 adds a touch of class to any dish.

Sizes: 375ml 10Lt

## Lifestyle Range

Pharmaceutical quality oils created with a focus on natural healthcare and nutrition. Strict quality control and innovative packaging ensures the freshest produce every time.



### Flaxseed Oil

Flaxseed oil is the richest source of natural ALA vegetarian suitable omega 3. Flaxseeds are grown as a renewable resource, and can be taken straight or mixed with meals.

Sizes: 375ml 2Lt 10Lt



### Organic Flaxseed Oil

Certified organic flaxseed oil has been grown to meet national organic standards. A truly natural omega 3 option that tastes great and easy to use.

Sizes: 375ml 2Lt 10Lt



### Pure Fish Oil

Pure fish oil is a popular 18/12 EPA/DHA omega 3 nutritional supplement. Pure refined from Icelandic fish, the taste is pleasant and offers pure fish oil in a cost effective option to soft gels.

Sizes: 375ml



### Aromas Plus Oil

Aromas Plus is a superfine delicate massage oil made from premium macadamia, apricot kernel and sunflower oils. H2O water cleanup for professional ease of use.

Sizes: 2Lt 10Lt



### High Lignan Flaxseed Oil

Contains healthy supply of SDG lignans, the phytonutrient compound studies have indicated it may help support prostate, intestinal and cardiovascular health.

Sizes: 375ml



### LSA Omega Oil

LSA oil is a concentrated healthy blend 1:1:1 of omega 3, 6 & 9. Gluten free cold pressed linseed (flaxseed), Safflower and Almond oils. Formulated to enhance health and well being.

Sizes: 375ml



### Cod Liver Oil

Cod liver oil offers DHA omega 3 and vitamins A, D & E. Various health benefits include improved learning, healthy heart and joints. A cost effective option to soft gels with a great taste.

Sizes: 375ml

## Spreads

Natural peanut butter made from 100% fresh roasted Australian grown peanuts. A consistent quality that's rich in protein & provides sustaining energy ~ perfect family favourite.



### Smooth Peanut Butter

No added salt, sugar fat. Natural peanut butter tastes fresh, just like peanut butter should. Flavour-packed for a nutritious snack.

Sizes: 375gr



### Crunchy Peanut Butter

Chunks of roasted peanuts in every jar add flavour and texture to this delicious natural peanut butter. Contains no added salt, sugar or fat.

Sizes: 375gr

## Full Product Range



### 2 Litre Mini Drum

This new innovative packaging provides solutions to caring for delicate cold pressed oils including avoiding exposure to oxygen, light and temperature.

Features:

- 3ply liner inside reduces oxygen exposure
- 2x walls avoids sunlight damage
- Easy pour non drip tap
- Collapsible liner gives you every last drop
- Lighter overall packaging material saves the environment



### 10 Litre Bulk Oil

Buying bulk oil is cost effective and convenient in our innovative packaging which also provides easy storage & disposal methods.

Features:

- 3ply liner inside reduces oxygen exposure
- 2x walls avoids sunlight damage
- Easy pour non drip tap
- Collapsible liner gives you every last drop
- Outer box is recyclable



## THE LEADING MANUFACTURER OF QUALITY COLD PRESSED OILS IN AUSTRALIA

To leverage the forecast growth in cold pressed oils and grow your business, make **Pressed Purity** your partner of choice.

## PRODUCT RANGE

Visit our website at; [www.pressedpurity.com.au](http://www.pressedpurity.com.au)

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