



Tension Release Massage Oil

We have put together a very special massage oil. A product developed by our Remedial Massage Therapist to assist in boosting circulation, releasing muscular tension and providing a sense of focus. The essential oil blend has anti-inflammatory benefits also assisting to reduce joint and muscle pain.

We have received feedback it is helpful for tension headaches and migraines.

This muscle relaxant has a beautiful and fresh aroma with the perfect level of friction and absorption. This maximises use and minimises excess oil on the skin. There is no need to towel off when you're finished. The minimal excess will absorb in and continue doing the job long after the massage has finished.

Suitable for all styles of massage from Deep Tissue and Sports Therapies to Relaxation or Swedish Massage. Also great for travelling, to reduce discomfort from sitting in the same position for long periods of time. This is attributed to the circulation boosting element of the Essential Oils.



Non professionals giving that all important neck and shoulder or foot massage at the end of a long day are finding the Tension Release Massage Oil ideal as it has a pleasant aroma and assists in relaxing built up tension from everyday stresses.



Rejuvenate Body & Facial Treatments Luxurious Simple Effective

This wonderful skin treatment will change the way you think about skin care.

The Rejuvenate Body and Facial Treatments are used in exactly the same way. Quickly, simply and effectively. One product exfoliates, cleans, tones and moisturises. Leaving your skin refreshed, silky smooth and protected from moisture loss. Our unique blend of Himalayan and Dead Sea Salts is packed with nutrients and minerals. This exclusive blend of salts is infused with our nourishing Essential and Base Oil Blend. You won't believe how fantastic your skin can feel with the use of one product.

How Does it Work?

Simply put a small amount of the product onto the spatula and apply to dry skin on the desired area of your body. Massage the mix in. The salts exfoliate and open the pores of the skin allowing the oils and nutrients to be absorbed into the deeper layers. Rinse off with water or use a wet towel. This will remove the salts, close the pores and trap the oils in the deep layers providing nourishing moisture.

Dry off and your skin is left feeling wonderfully refreshed and invigorated whilst being protected from moisture loss for approximately 24 hours - no matter how many times you wash your hands the moisture is locked in.

There is ABSOLUTELY no greasy residue or transfer; you're good to go straight away. This is due to the specific blend of oils that are unique to our products and are absorbed so quickly that you see results instantly.



Rejuvenate Body and Facial Treatments

Body Treatment: Looks after you from your chin to your toes. Perfect for hands, feet or any other area that needs moisture and TLC.

Facial Treatment: For the more sensitive skin on your face. Use one product for your whole skincare routine on the days it is used. Both men and women enjoy the benefits. It is fabulous to use as a pre-shave for men as it prepares the hair to stand up and soften for an extremely close shave and makes the skin smoother reducing shave rash.



Aroma - Therapy Natural Candles

'Not just a candle...it's a massage oil as well'

Our splendid range of Aroma - Therapy natural candles are made from premium Soy Bean Wax and 100% Essential Oils.

The wonderful qualities of our three aromas are attributed to the simple fact that only premium ingredients are used. It is the melted Soy Wax that is so luxurious on the skin as a massage oil and the amazing aromatherapy oils that provide the spectacular aromas.

Soy Wax melts at a cooler temperature. Simply light the candle, let it burn and watch the pool of wax grow. Leave the candle lit and dip your finger into the warm liquid (avoiding the flame) and start massaging. It will be nice and warm also increasing the intensity of the aromatherapy value and strength of the aroma once applied to the skin.

Aroma - Therapy Lip Balms + Body Balms

Our luxurious, smooth & moisturising Lip Balms + Body Balms are made from our blend of Sunflower, Coconut, Olive Fruit Oil, Beeswax, Jojoba, Cocoa Butter, Shea Nut Butter, Evening Primrose Oil, Natural Vitamin E and Olive Oil.

We simply add the three oil blends below to emulate the effects of the candles. **Body Balms** can be used as a mild alternative to burning a candle to achieve the aromatherapy benefit especially if traveling or simply out and about.

Lip Balms are designed to keep your lips moisturised and feeling great.



Vitality: This energising and uplifting blend contains Lemongrass, Rosewood, Eucalyptus, Peppermint, Lime and Lemon Myrtle Essential Oils. It's great for work environments and study sessions as it also assists with focus and concentration.

Drift Away: Experience this gentle, relaxing and dreamy blend of Lavender, Lime, Marjoram, Palma Rosa and Myrrh. Particularly beneficial if you have trouble sleeping or lead a stressful, anxious lifestyle. Light the candle 60-90 minutes before bedtime, massage the melted liquid into pressure points (temples, beside your nose etc.) **blow it out**, climb into bed. Look forward to an extremely relaxing sleep.

Aphrodite: The Greek goddess of love. This sensual aroma awakens even the coldest heart. It contains Ylang Ylang, Grapefruit and Patchouli Essential Oils and creates the perfect romantic atmosphere.