

UNIQUE & NATURAL  
SKIN & HAIR CARE • HOUSEHOLD PRODUCTS



LEMON MYRTLE IS A NATIVE RAINFOREST TREE  
GROWN ON THE EAST COAST OF AUSTRALIA

## LEMON MYRTLE FRAGRANCES

NATURAL SKIN, HAIR AND  
HOUSEHOLD PRODUCTS.

**SINCE 1990**

Lemon Myrtle  
Fragrances was  
started by an original  
pioneer of Lemon Myrtle.  
Plantations were founded  
in Northern NSW in 1990  
by a group of farmers who  
distilled oil, harvested  
leaf and experimented  
with uses.

Essential Oil  
is distilled on the  
original LMF farm using  
steam, no chemicals. The  
oil has a high citral content  
which is highly valued  
to make high quality  
products.

Lemon  
Myrtle Soap  
was made and sold  
at the markets with the  
first harvest of oil in 1990.  
People loved the smell  
and the effects of the  
natural antibacterial  
qualities.

A range of  
affordable natural  
products "good for health  
and the environment" were  
developed and manufactured  
for the Australian and overseas  
market. The product range is  
continually evolving and  
is updated regularly.

Natural  
and organic  
plant ingredients are  
used with less than 1%  
preservatives to ensure  
the products have a  
viable shelf life of 2- 3  
years.

All products  
are manufactured  
in Australia to EU and  
Australian Cosmetic  
Standards. This is great  
quality assurance.

Essential  
Lemon Myrtle Oil  
continues to be respected,  
researched and highly valued  
in skin products, cleaning and  
aromatherapy. We mix with  
Australian native oils, like  
Macadamia and Tea Tree  
that are excellent for  
skin and health.

## ABOUT LEMON MYRTLE

Lemon Myrtle *Backhousia Citrodora* is one of about 170 species of the Myrtaceae family and has the highest Citral content of any species. It is also the strongest antibacterial Australian native plant. Stronger than Tea Tree and Eucalyptus, acting against bacteria, human pathogens such as *Staph. Aureus* and *Staph. Typhi* and a number of viral microbes. This makes Lemon Myrtle a simple, natural, reliable and highly effective solution for safe and natural everyday living.

The distinctive refreshing aroma of the oil makes it highly sought after by aroma therapists for uplifting and calming effects. The oil and leaves are now highly sought after for flavouring in Europe, USA and other countries.

We supply Essential Oils distilled at the farm gate with citral content 92-97% available in 20mL and 50mL bottles and in 1L containers.

### *DID YOU KNOW?*

Australia is home to a number of superfoods which are only being recognised after more than 200 years since European arrival. Lemon Myrtle is a versatile plant studied for a range of uses - as a natural food preservative, agricultural natural anti fungal agent, therapeutic for skin problems, disinfectant, flavouring, as well as cleaning, washing and deodorising. See our guide to household cleaning and laundry.

## CLEANSERS

Natural  
Antibacterial  
*Foaming  
Face Cleanser*  
150mL Pump



Gentle and deep cleanser leaves your face clean and fresh. Removes make up, pollution, oils without depleting the skin of natural oils. A solution for keeping your skin in good condition. Great for beards.

Formulated with organic ingredients and natural essential oils, provided in an easy to use pack without waste that lasts well. A generous 150 ml will last for months when used once or twice daily.

*Also available in a  
Foaming Hand Cleanser.*

A deep cleanse for your hands without drying the skin.

*Coconut  
Body Scrub*  
300gm



Exfoliate and refresh with coconut, sea salt and essential oils. Nourishing oils, cleansing salt and an invigorating process.



## Body & Hand Wash

250mL Pump



Ideal for an economical and natural wash in the shower or bath and as a hand wash. High quality natural essential oils with an organic base of Aloe makes a product safe for most skin types. Leaves the skin clean with the fresh and spicy aroma of lemon myrtle. Great in the spa or as a bubble bath.

## REFRESH

## Face & Body Mist

125mL Spritz



Made from all-natural plant derived ingredients boosted with vitamins A, B, C and D and enhanced with Lemon Myrtle Oil. Cooling, aromatic and refreshing mist, effective when the heat is up.



## HYDRATE | REFRESH | REPAIR

Choose from the range of moisturisers to hydrate your face, hands, feet and body. Products can be used on all skin young and old. Use after sun, after shaving, when the wind is up, after use of chemicals and paint, and to protect the skin. For extra hydration don't forget to drink water regularly.

### *KEY INGREDIENTS*

#### **Aloe barbadensis Leaf Juice\***

Is used as a soothing, hydrating base to reduce redness.

#### **Macadamia Oil**

Sinks into the skin and strengthens the cells.

#### **Jojoba Seed Oil\***

Soothes and softens, nourishes and protects.

#### **Tocopherol (Vitamin E)**

Promotes cell renewal and skin elasticity.

#### **Lemon Myrtle and Eucalyptus Oils**

Creates a lingering fresh aroma on the skin with antibacterial properties.

Formulated to lower irritations.

Our recipes are formulated to the same pH as the skin, so products are deeply nourishing and suitable for sensitive skin. They relieve dryness and protect thinning skin as well as helping to manage skin problems.

### *DID YOU KNOW?*

Skin is the largest protective barrier we have against pathogens, bacteria, viruses and UV. Best kept skin has open pores, suppleness, natural antibacteria and a healthy glow. For a small investment and a daily routine you can maintain healthy skin.



## Face & Body Moisturiser

200mL &  
500mL



## Body Lotion

250mL



## Extra Hydrating Face Moisturiser

75mL



## Natural Lip Balm

Large 30gm size





# MANAGING YOUR SKIN DAILY

## Cleansing

Cleansing morning and evening is recommended as part of your routine for healthy skin. Cleansing with our Facial Cleansers gently removes makeup, oils, and dirt etc and assists in keeping the pores clear ready for moisturising.



## Moisturising

Protect, strengthen and hydrate daily with moisturiser which also assists in reducing clogging of pores. A regular application morning and evening will benefit the health of your facial and neck skin.

## *How to use less cleanser and moisturiser so your product lasts longer.*

- Apply three dots, one to the forehead and one on each cheek. Avoid contact with eye areas.
- Massage gently with the ring finger applying little pressure. Too much pressure can contribute to skin pigmentation, so do not use all your fingers or whole hand.

## Managing Acne and Blackheads

Daily routines of cleansing and moisturising assist in keeping your skin healthy with a balanced pH and extra hydration, so that skin issues can be cleared up and managed.

*Our cleanser is free from drying phenol which may contribute to ongoing skin issues.*

## NATURAL SHAMPOO & CONDITIONER

Switching to a natural formula may assist in preventing after shampoo itchiness and drying hair. Our natural shampoo and conditioner will also assist in keeping your hair shiny, soft and aromatic with lemon myrtle.



### *Shampoo*

200mL with  
Aloe Vera, Rosemary  
and Lemon Myrtle

### *Conditioner*

200mL with  
Vitamins A, E & F,  
Sea Minerals, Lemon  
Myrtle, Citrus &  
herbal extract

### **KEY POINTS**

- A little goes a long way
- Leaves hair soft, shiny and enhances growth
- Does not strip natural hair dyes and nourishes treated hair
- Helps reduce and manage hair and scalp issues as it does not strip natural body oils
- Leave your hair feeling enriched

### **JENNY, PORT STEVENS:**

*"I love the shampoo and conditioner as it doesn't contain harsh chemicals that ruin my hair, it actually helps the colour stay in longer".*

## CREATURE COMFORTS

### *Natural Dog Soap*



The Soapman Natural Dog Soap is one of the first successful natural dog soap bars made in Australia. Stops itching, scratching due to grass mites. Lathers well and makes the coat smell clean and refreshed. Suitable for all dogs and has been used on other animals without reactions.

Made with natural oils including, NEEM, Lemon Grass, Tea Tree.

### *Natural Air Freshener*

125 & 250mL



Family size Lemon Myrtle Natural Air Freshener provides a versatile household deodoriser and cleanser. Instant fresh remedy for bad odors in the bathroom and around the home or car. Chemical free and safe for use around children, on furniture, curtains and bedding or shoes. The high quality of this product means you use less and it last longer.



## LEMON MYRTLE FRAGRANCES SOAP

Our soaps are made from plant based ingredients which are great for cleansing without stripping natural oils.

Lemon Myrtle Fragrances Soap with moisturising macadamia oil is made from high quality oil distilled at the original farm with delicious lasting aroma.



**Mixed 6 colours  
Natural and Scrub**

**Also available in  
50gm white bars  
perfect for guests  
and for B&Bs**

*Lemon  
Myrtle Soap*

Singles or Bulk  
Box of 24 or 48

**SCOTT:**

*"My family love this soap, they will not use anything else these days, it has a lovely aroma so I use it in drawers and the linen cupboard for storage and a fresh fragrance".*

**MARLENE, MORUYA:**

*"This soap has cleared up skin issues and other itchy spots, it has saved me a lot of money buying other products".*

## SOAPMAN BOTANICAL SOAP

the  
SOAP  
MAN

We started The Soapman in the early 2000s to provide natural soap with Australian botanical essential oils sourced from Australian Farms.

The Soapman Soap is a popular all round natural antibacterial soap bar, loved by many customers for a rich, refreshing lather and assisting in clearing up and managing skin issues.

*Lemon Myrtle, Goats Mils & Lemon Myrtle, Broadleaf Peppermint, Rosalina (Lavender Tea Tree), Tea Tree and Australiana.*

Soapman  
Soaps

Singles or Bulk  
Box of 24 or 48



*Mixed 6 Varieties or Single Variety*

### KEY POINTS

Both Soapman and Lemon Myrtle Fragrances Soaps are:

- Reliable till the very last slither
- Gentle on skin tough on dirt
- Non drying • Lather well
- Can be used as shampoo bars
- Contain Australian Native Oils known for their antibacterial and anti fungal properties



Lemon Myrtle  
AUSTRALIA

Lemon Myrtle Fragrances™  
AUSTRALIA



Lemon Myrtle Soap

110g when made

Lemon Myrtle Scrub Soap

110g when made

## STAYING FRESH

### *Natural Antibacterial Deodorant*

75mL Roll On  
125mL Spray



- Aluminium and Paraben Free
- Fresh natural spicy aroma without irritating artificial fragrances
- Manages body odor without clogging the pores
- Use under arms and on the feet regularly to reduce infections and irritations
- Refreshes shoes and clothing and spraying on the feet



### *Natural Toothpaste*

110gm

**Free from fluoride** and other nasties.  
Effective natural cleanser, helps reduce plaque and cavities with Xylitol, promotes healthy gums and fresh breath.

#### *MAC, SYDNEY:*

*"Love this! Picked it up on a whim in a souvenir shop and haven't been able to go back to regular deodorants since. Smell is refreshing and lasts for ages without feeling heavy on the skin."*

## AROUND THE HOME

100%  
Essential  
*Lemon  
Myrtle Oil*  
20mL & 50mL



There are many versatile uses for 100% Essential Lemon Myrtle Oil. This is not a blended oil or fragrance oil - **do not** apply directly to the skin, undiluted as this will burn and irritate.

If you are using on the skin the dilution recommended is generally 1-2% that is for each 100mls of oil such as olive oil, or a skin cream add 15-30 drops.

For chemical free cleaning of floors, kitchen and other surfaces add 5-10 drops and ½ cup of vinegar in a 9 litre bucket of water for cleaning surfaces or add a few drops to 500mL of water in a spray bottle.

**Oil Burner** 5 drops in water

**Diffuser** 5-10 Drops:1 cup of Carrier Oil or other mixture

**Laundry Detergent** Add 2-5 drops per litre for a lasting fragrance on your clothes and linen

**Linen Rinse** 2-5 drops in the last rinse

**Cooking** Dilution of oil is highly important in cooking; only use 2-3 drops in 1000mL of cooking oil or if using directly into cakes follow the recipe closely





## *Natural Lemon Myrtle*

Dried Leaf | Tea  
50gm & 80gm



Freshly harvested Lemon Myrtle Leaf in sealed bags. Use as a naturally relaxing yet stimulating pick-me-up tea at any time of the day. Great flavour and helps to keep your breath fresh. Use as a food flavouring in yoghurt, ice-cream, cheese, biscuits, breads, confectionery, pasta, sauces, syrups, beverages, liqueurs, flavoured oils, packaged fish/salmon. It is also great for use in Dakkah and as an addition to sauces, mayonnaise and vinaigrettes.

## GIFT PACKS

### Shower Pamper Pack



Body and Hand Wash  
Shampoo and Conditioner  
Soap in a reusable bag  
Fluffy white towel

### Face & Body Care Pack



Foaming Facial Cleanser  
Extra Hydrating Face Moisturiser  
Body and Hand Wash  
Loafer and Towel

### Triple Soap Pack



Two Natural  
Lemon Myrtle  
Soaps with one  
Lemon Myrtle  
Scrub Soap

More Gift Pack options at  
[lemonmyrtlefragrances.com.au](http://lemonmyrtlefragrances.com.au)



## WHERE TO FIND US

### *ORDER ONLINE*

*[lemonmyrtlefragrances.com.au](http://lemonmyrtlefragrances.com.au)*

- More information on each product including a list of all ingredients.
- Orders are processed daily and delivery can be overnight or up to 5 working days.
- We use couriers as well as Australia Post to suit customer's needs. Items are packaged to prevent damage.

### *ORDER BY PHONE 02 4997 3045*

You can talk to us during business hours Monday to Friday we take credit/debit cards or you can place an order on the phone and send us a cheque.

### *STOCKISTS AND MARKETS*

We supply to a range of health and general stores, information centres, national parks, general stores and small supermarkets. You can find a list of stockists on our website. We are also at a number of Farmers Markets and Craft Markets, check the Market Calendar on our website for details.

### *WHOLESALE*

If you are interested in becoming a stockist or regular bulk buying for a group, government department or other organisation please contact us by phone or through our website.

LEMONMYRTLEFRAGRANCES.COM.AU

36 COVE BLVD NORTH ARM COVE

NSW 2324 • P 02 4997 3045

PROUDLY AUSTRALIAN MADE & OWNED



Organic bases  
and plant derived  
ingredients

Quality tested against  
EU and Australian  
Cosmetic Standards

RSPO Approved Palm  
Oil Mixed Sustainable  
Grade is used in soaps

Reduced packaging  
preserving natural  
resources

Minimal plant based  
preservatives

Free from sodium  
laural /laureth  
sulphate, aluminium,  
parabens, mineral oils,  
artificial fragrances  
and colours

No animal or animal by  
products or testing

BPA free recyclable  
containers

Not tested on animals

Sourced and made in  
Australia supporting  
farms and businesses

YOUR STOCKIST: